

The Food That Endures

Read:

"Do not work for food that spoils, but for food that endures to eternal life, which the Son of Man will give you." *John 6:27*

Reflect:

Jesus is the Bread of Life.

We need to take Him into our lives.

His presence nourishes our spirits and feeds our faith.

He fills us with hope and with His grace so that we can grow into the people

He intends us to be.

Without His life giving provision we will starve spiritually.

In Revelation 3:20 Jesus asks us to sit and eat with Him.

'Here I am! I stand at the door and knock. If anyone hears my voice and opens the door, I will come in and eat with him, and he with me'.

Sharing a meal, and the conversations which flow as we eat, are special times to share with those we love.

Jesus wants that kind of quality time with us on a daily basis.

Sit in the quietness with Him and let Him speak .



Pray:

Lord thank you for spending time with me in the quietness.

Go with me now as I return to the bustle of life and may your peace rest with me there.

Amen



October Prayer Bulletin Harvest Thanks

***'Be joyful in hope, patient in affliction,
faithful in prayer'
Romans 12:12***

We hope this bulletin will encourage your prayer throughout this month—individually, in Prayer Triplets and in Life Groups.

Our weekly church prayer meeting is on Wednesdays at 9am.

God's Beautiful World

For all things bright and beautiful,
For all things dark, mysterious and lovely,
For all things green and growing and strong,
For all things weak and struggling for life,
For human hands, faces, hearts and minds,
For non human hearts and minds,
paws and wings,
For the life you have laid before us,
O God, we lay our thankful hearts before you.
In Jesus name.

Amen





Being Good Stewards

Read: Genesis 2: 4-8 & 15

'The Lord God took the man and put him in the Garden of Eden to work it and take care of it.'

Reflect: God gave us a special task, to care for His world.
We have not done a very good job.

Pray:

Forgive us, Lord, for the damage we have done to the earth.
Forgive us that the rivers and seas have been polluted by the waste of our civilization.
Forgive us that the air has been turned foul by burning fuel and radioactive emissions.
Forgive us that plants and wild creatures have become extinct through our relentless invasion of their natural habitat.
Forgive us that we have often valued profit more than the quality of the environment in which people have to live.
Lord make us better stewards of Your world . *Amen*

Lord of all worlds, we worship and adore you,
Creation sings a galaxy of praise:
The planets fly, the stars cry out in wonder,
New life appears, evolving in its ways.

You forged the sun, the molten light of morning;
You scattered stars, flung jewels of the night;
You are the day which penetrates our darkness:
Fill us with hope that we might share your light.



You are the wind that rushes through the heavens,
The breath that gently feeds us from our birth:
We rest in you, our source and goal of living,
We strive for you as **stewards of your earth**

Ancient & Modern, Hymn 540, verses 1, 2 & 5, by Christopher Ellis

Sharing Our Harvest

If you like word puzzles, see how many smaller words you can make from the word **HARVEST**. There are at least 50! Many are particularly relevant to our world situation. We **HAVE** plenty to **EAT**. In the **REST** of the world many **STARVE**. Do we have the **HEART** to **SAVE** others for whom the lack of food is a **VAST** problem?

If a starving person lay on our doorstep, we would rush to the kitchen to get them some food. When the problem is on the other side of the world, it is all too easy to distance ourselves.

Jesus gave specific instructions about care of the needy.

Read: Matthew 25:31-46

He will reply. "I tell you the truth, whatever you did not do for one of the least of these, you did not do for me."

Reflect:

We must widen our vision to take in those who are far away, but whose needs are more acute than we can imagine. Prayer is essential, but also practical help e.g. putting together gift boxes, donating possessions, giving money, fund raising and campaigning for human rites. Every act of service can ease the life of someone even though we may never meet them.

We dare not ask you bless our Harvest feast
Till it is spread for poorest and for least.
We dare not bring our Harvest gifts to you
Unless our hungry brothers share them too.

Not only at this time, Lord; every day
Those whom you love are dying while we pray.
Teach us to do with less, and so to share
From our abundance more than we can spare.

Now with this Harvest plenty round us piled,
Show us the Christ in every starving child;
Speak as you spoke of old in Galilee,
"You feed, or you refuse, not them but me!"

